

# PGX, Hereditary Cancer, and Hereditary Cardiovascular Disease Collection Guide 2022

## SUPPLIES NEEDED FOR COLLECTION

- (1) Requisition (Electronic or Paper)
- (1) Pair gloves and other PPE required
- (2) Specimen collection swabs per test performed
- (2) Specimen collection tubes (blue top) per test performed
- (1) Specimen biohazard bag

## SPECIMEN COLLECTION INSTRUCTIONS

### STEP 1

#### LABEL SPECIMEN TUBE, FILL OUT TESTING ORDER

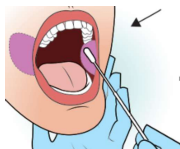
- Label specimen tube with the patient's full legal name and DOB.
- **Improperly labeled tubes will cause a rejection.**
- Electronic ordering - <https://innovativegx.limsabc.com/>
- **Not providing proper demographics, insurance information, copy of insurance card front and back, ICD-10 codes with provider signature may cause a rejection.**



### STEP 2

#### COLLECTING THE SPECIMEN

- Do not eat, drink, use tobacco, or brush teeth within 1 hour prior to specimen collection.
- Patient should rinse mouth with water immediately before specimen collection.
- Twist off and gently pull the cap to separate the swab from the clear plastic tube.
- **Do not touch the tips of the swabs.**
- Ask the patient to open their mouth and place the tip of the one swab on the left side and one swab on the right side of their inside cheek.
- Rub and rotate the swabs, sweeping across the cheek and gum for a minimum of one minute with 30 seconds on the cheek and 30 seconds on the gum.



- **Do not touch the swab against the patient's teeth, lips, or any other surface.**
- Carefully reinsert the swab into the clear plastic tube. Leaving it partially open to air dry for 5 minutes.
- Replace the cap on the tube and secure tightly.
- **Placing both collected specimen swabs in (1) one tube, sample will be rejected. Each swab must be in its own blue top tube.**

### STEP 3

#### PREPARE SPECIMEN FOR SHIPPING

- Place the tightly sealed and properly labeled specimen tube inside the biohazard bag.
- Place patient demographic and insurance information into document pouch within biohazard bag.